



vibrant
blue oils

Thyroid™

— Supporting Clear Expression —



BENEFITS: Supports clear expression and harmonious communication, overcoming feelings of humiliation, inhibition and denial.

INDICATIONS: The thyroid gland, located below the Adam's apple on the neck, coordinates the metabolism (growth and rate of function) of almost every cell in the body. It controls how quickly the body uses energy, makes proteins, and controls the body's sensitivity to other hormones.

The thyroid relates emotionally to self-expression and the struggle to communicate. This includes speaking up for ourselves as well as not suppressing our truth, failing to ask for what we want and or feeling we do not have the right to ask for what we want. Suppressed communication can give rise to feelings of humiliation, never getting to do what one wants to do, or thoughts and emotions related to one's turn in life.

An inability to speak one's truth – including difficulty in self-expression, feeling suppressed or shut down in creative endeavors or “swallowing” or “stifling” your words to keep the peace or win people’s approval -- will often cause physical problems in the thyroid, mouth, and neck area around the throat.

AFFIRMATION: *I move beyond old limitations and now allow myself to express freely and creatively.*

Application



HOW TO USE: Apply 2-3 drops over the thyroid (throat) or heart.

WHEN TO USE: To aid with speaking your truth, apply 2-3 times daily or as needed.

INGREDIENTS: Vibrant Blue Oils Emotion Balance Thyroid Support blend contains a proprietary formulation of Hyssop, Lavender, Lemon, Orange, Geranium, Rosewood, Sandalwood, Myrrh, Sage, Spruce, Frankincense, Rose, German Chamomile, Ylang Ylang Extra, Neroli and Angelica Root.

PRODUCT TIPS:

- Supports the ability to speak up for yourself
- Helps to not put the needs of others ahead of your own



Emotion Balance blends are designed to acknowledge and release underlying emotions that can impede healing.